

## September 14, 2025 The Exaltation of the Holy Cross

### MISSION STATEMENT

We, at All Souls Church, are a multicultural Catholic Community called to share our gifts and to grow through worship and spiritual formation. We are brothers and sisters in Christ led by the Holy Spirit to witness the Good News to all.

OFFICE MANAGER

Ms. Diep Dinh ddinh@allsouls-la.org

FIRST COMMUNION

Mikayla Medina

YOUTH CONFIRMATION COORDINATOR

> Vivian Vasquez Ext. 214

SCHOOL PRINCIPALS

**Or.** Patrick Allison pallison@allsoulsla.org

OFFICE ASSISTANTS

Sofia Rua Merci Arguello Leticia Santisteban

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# All Souls Catholic Church



### PASTOR

Rev. Patrick Mbazuigwe PMbazuigwe@allsouls-la.org

### PRIEST IN RESIDENCE

Rev. Anselm Amandikwa

### · DEACON ·

Deacon, Eudoro Benalcazar

### PASTORAL CENTER HOURS

Monday-Friday 9am-7pm Closed for Lunch: 12:30pm-1:30pm

### PARISH MASS SCHEDULE

Weekdays/Entre Semana

Monday-Saturday 7:30am

Saturday/Vigil: 5:30pm

Sunday/Domingo

English: 7:30am, 9:00am, 5:30pm Español: 10:30am

Holy Days to be Announced

### SACRAMENT OF RECONCILIATION

Saturday 4-5pm & by appointment

### SACRAMENT OF THE SICK

Please call the Pastoral Center for a priest. Uncion de los Enfermos: favor de llamar al Centro Pastoral para contactar a un sacerdote.

### SACRAMENT OF BAPTISM

Español: El primer sabado del mes a las 10am English: Third Saturday of the month at 10am

### SACRAMENT OF HOLY MATRIMONY

Book for an appointment at least 6 months in advance Llame al Centro Parroquial por lo menos 6 meses antes

### **DEVOTIONS**

Holy Hour: 1st Friday of the month at 7pm (Bilingual)

## Office of Liturgy

Funeral Services Diep Dinh Ext. 219

Altar Servers Rosario Garay (626)281-0466

Lectors Eng: Esperanza Canale (626)281-0466

Span: Eleana Benalcazar (626)281-0466

Ushers Darin Doerning/Jose Serna (626)281-3042

Sacristan Librado Mercado (626)281-0466

Wedding Eleana Benalcazar (626)281-0466

Quinceañeras Norma Gutierrez (626)281-0466

Assist. Director of Music Jerry Yslas (323) 919-1906

Eucharistic Ministers Lupe Valencia/Humberto G. (626)281-0466

RCIA Dn. Eudoro/Cathy Dorsey (626)281-0466

## Apostolates & Organization

Ministry of the Sick Larry Dumont

Safeguard the Children Irene Oaxaca

Bereavement Ministry Diep Dinh

Legion of Mary Salvador Agudo

Cursillos in Christianity Aida Gonzalez

English Bible Study Sheila Henderson-Linan

Spanish Bible Study Maria de Jesus Martinez

Knights of Columbus Frank Bodeman

Guadalupanos Carmen Ramirez

Rosario de Misericordia — Angelina Farias

Our Lord's Mission Josephine Espinosa

St. Vincent de Paul Rosemary Gramajo

Amigos de Jesus Estela Murga

Filipino Ministry Rose Pichon

Young Adult Mtry. Leticia Urtecho

Youth Ministry Vivian Vasquez

Catholic Women's Ma Grace N. Tima

Association

### Readings & Prayers for the Sick

#### First Reading:

"We have sinned in complaining against the LORD

Pray the LORD to take the serpents from us." (Nm 21:7)

#### **Psalm**

Do not forget the works of the Lord! (Ps 78)

### **Second Reading:**

He humbled himself, becoming obedient to death, even death on a cross. (Phil 2:8)

#### Gospel:

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. (Jn 3:16)

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Sunday: Nm 21:4b-9/Ps 78:1bc-2, 34-35, 36-37, 38/

Phil 2:6-11/Jn 3:13-17

Monday: 1 Tm 2:1-8/Ps 28:2, 7, 8-9/Jn 19:25-27 or Lk 2:33-35
Tuesday: 1 Tm 3:1-13/Ps 101:1b-2ab, 2cd-3ab, 5, 6/Lk 7:11-17
Wednesday: 1 Tm 3:14-16/Ps 111:1-2, 3-4, 5-6/Lk 7:31-35
Thursday: 1 Tm 4:12-16/Ps 111:7-8, 9, 10/Lk 7:36-50
Friday: 1 Tm 6:2c-12/Ps 49:6-7, 8-10, 17-18, 19-20/Lk

8:1-3

Saturday: 1 Tm 6:13-16/Ps 100:1b-2, 3, 4, 5/Lk 8:4-15

Esperanza Canale Annette Lopez Marcella Guerra Norma Ferriols Sylvia Mae Thomas Carlos Moreno Gonzalez Palma Jones Victor Ramirez Salazar Gloria Moore Ethelyn Beltran Loan Le Karen Katsumura Andrea Primicias Angelica Ruedas Matthew Perez Cecilia Chow

Gary Meraz Ray Argueta & Family

David A. Jr. & Family Jose Crespo Lucy Tsang Joe Negrete

Rosa Martinez Bernardina Castañeda

Ramirez Family Reyes Family

Wally & Becky Puente Mercedes Tarrazona Cynthia Manriquez Fernando Torres William Gonzalez Gerardo Duran Cidronio Abelar Joel Lopez **Guadalupe Nevarez** Yessenia Alvarez Evelyn De Guzman Juanita Madrigal Hortencia Palafox Mark Venegas Francis Araiza Marco de la Garza

Rafael Garcia Therese Huyen-Duong Thi Vu

Sonia Gorope Elizabeth Pham

## FROM THE PASTOR'S CORNER

### 24th Sunday in Ordinary Time, Year "C" The Exaltation of the Holy Cross

Once upon a time, there was a man who felt his difficulties, sorrows, temptations, and troubles were far too much for him. He cried out to God about the unfairness of his life, and demanded to be relieved of his cross.

One day, our Lord Jesus appeared to him and asked, "Do you wish to receive a different cross?" The man quickly nodded, so our Lord said, "Follow me." They spiritually ascended the heights, flying toward a massive Cross, the one true Cross that our Lord bears upon His shoulders; a Cross so great that it fills the entire cosmos and bears the weight of all creation.

Upon this great Cross, in a tiny corner on a little speck of an edge of a splinter, there is a room that our Lord and the man entered. Inside the small room were many crosses of various shapes and sizes. Some crosses were heavily splintered and some had thorns poking in every direction. "Everyone who follows me must bear their cross," the Lord said. "But for you, I will let you pick whatever cross you'd like."

The man searched the room, testing the weight and coarseness of the crosses. What surprised him was that all the crosses were impossibly heavy. Even the ones that were not much bigger than his hand were so dense he could barely get them to budge – lifting them was out of the question.

After testing nearly every cross in the room, the man was beginning to lose hope. All the crosses were too rough and too heavy. At last, he found a tiny cross that had been sanded quite smoothly. It fit into the palm of his hand, and while it was heavy, he was able to bear its weight. He turned to Jesus with a smile.

"Is that the cross you want?" our Lord asked. Smiling, the man nodded his head. "Are you sure?" asked our Lord. The man again nodded. "But that's the cross you've always had," our Lord replied (Fr. Jeremy – The Littlest Cross).

The feast of the exaltation of the Holy Cross which we are celebrating today dates back to the 4th century when the True Cross was discovered in 326 by St. Helena, the mother of the Roman emperor Constantine the Great, during her pilgrimage to Jerusalem. By order of St. Helena, the church of the Holy Sepulchre was built at the site of the discovery of the True Cross on which Jesus was crucified.

On September 13, 335, the Constantinian Basilica built in Jerusalem over the Holy Sepulchre was consecrated with a portion of the cross. The day after the consecration of the church, the relic of the cross on which Jesus was crucified, was shown and exalted for the faithful to venerate. This celebration is also associated with the recovery of the Holy Cross by Emperor Heraclius on September 13, 628.

When Jesus was crucified on the cross on Good Friday, the cross became a symbol of injustice, hatred, wickedness, cruelty and lies. But, with the resurrection of Jesus, the cross becomes a symbol of salvation, redemption, victory, sacrifice, freedom and love. On the cross of Christ, love was born and the identity of our humanity was restored, renewed and revealed.

The celebration of the exaltation of the cross is an invitation to take a second look at the cross and what it means in the life of the children of God. Today, we are invited to look at the cross not with the Good Friday mindset but with the post resurrection mindset as a symbol of victory, restoration, renewal and grace.

By way of theological reflection, the Second Council of Nicaea (787), makes a distinction between the veneration of the cross and worship (*latria*), which belongs to the divine nature alone. It is believed that the honor we pay to the image of the cross passes to the prototype, and anyone who adores the image of the cross, adores the person whom it represents.

The cross stands out as the greatest symbol of Christianity. The cross has been venerated, honored and respected all over the world as a source of blessing, hope and grace. Today, the cross is found not only in churches but also in cemeteries and on mountaintops, made with different precious metals like gold, silver, bronze, diamonds, etc. The cross is found at prominent places in the city, used on prayer cards, worn on people's neck, fingers, hands, ankles, etc.

The cross is representative of both our challenges and blessings. When we take a second look at the cross today, we see the cross as a symbol of victory. We worship a victorious God whose sacrifice gained humanity freedom from the bondage of sin and ignorance. As the Israelites who looked at the bronze serpent were healed, so are Christians who look at the cross are blessed and have eternal life.

The cross is the symbol of the ultimate sacrifice of Jesus for the salvation of the world. The cross is also a sign of a judgment on the world that rejected, falsely accused, condemned and crucified an innocent one – Jesus Christ, the only begotten Son of God. The vertical and horizontal dimensions of the cross point to our relationship with God and our fellow human beings.

When God judges us, God heals us. The cross becomes a visible sign of God's willingness to heal and restore the dignity of the children of God. Hence, "at the name of Jesus, every knee should bend, of those in heaven and on earth and under the earth and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."

The cross puts Jesus at the center of creation. The meaning and purpose of creation is found in Jesus who sacrificed His life so that we may live. As the cross exalts the value of sacrifice, we are invited to make sacrifices for what we believe in and be strong enough to defend the reign of peace, justice and the integrity of all sentient beings on earth.

The cross thus becomes an invitation to all baptized children of God to carry on the mission and ministry of Jesus on earth. The salvation of the world has been fulfilled by the death and resurrection of Christ, but the realization of fruits of Jesus ultimate sacrifice is still in process. The more we embrace the cross, the more we are drawn to a fuller realization of the truth of human existence and the meaning of our liberation from the bondage of sin and ignorance.





### **Finance Report**

### Mass Intentions

COLLECTION

**TOTAL** 

Sept.7, 2025

\$ 7,302.00

Thank you for your continuous support and generosity.

## Did you Know?

Back-to-school season is an ideal time to refresh internet safety rules with the children in your care. For example, it is helpful to establish clear guidelines like what types of sites children can visit, apps they can download, and when they can have access to electronics. Families can also consider "blackout" periods that require disconnection – possibly during dinner and leading up to bedtime. Netsmartz (https://

www.missingkids.org/netsmartz) offers resources for keeping children and teens safe online, please visit https://www.missingkids.org/content/dam/netsmartz/downloadable/tipsheets/Protecting% 20Your%20Kids%20Online%202\_0.pdf for more internet safety tips.



Receiving the Holy Communion

During Communion, once you have received the host, you must consume it immediately. If you return to your seat without consuming the host, an usher or Eucharistic minister may reach out to you to do so right away.

Como Recibir La Sagrada Communion

Para la comunión, una vez que haya recibido la hostia consagrada debe consumirla de inmediato. Si regresa a su asiento sin consumir la hostia, un ujier o ministro eucarístico puede acercarse a usted para decirle que lo haga de inmediato

SATURDAY	SEPTEMBER	13-2025
5:30pm	Severino &	Dec.
	Remedios Tecson	
	Salvador & Perez Family	Healing
SUNDAY	SEPTEMBER	14-2025
7:30am	Francisca &	Dec.
	Franklin Genkuong	
	Cornelia Cortez	Dec.
9:00am	Mathew Jones	Thanksgiving
	Father Jonathan Cuarto	Sp. Int.
10:30am	Oscar Benitez	Dec.
	Katalina Crus De Castillo	Dec.
5:30pm	Carlos Moreno Gonzalez	Healing
	Rosa Ema Martinez	Dec.
MONDAY	SEPTEMBER	15-2025
7:30am	Ying Kang Hua	Dec.
	Evangelina & Guadalupe Cisneros	Dec.
TUESDAY	SEPTEMBER	16-2025
7:30am	Josephine Clara Luna	Birthday
	Joachim Mbazuigwe	Dec.
WEDNESDAY	SEPTEMBER	17-2025
7:30am	Dzung Ton	Healing
	Filomena Dayanan	Dec.
THURSDAY	SEPTEMBER	18-2025
7:30am	Nathaniel Souz	Dec.
	Star Lea Ruiz	Dec.
FRIDAY	SEPTEMBER	19-2025
7:30am	Evangelina & Guadalupe Cisneros	Dec.
	Dzung Ton	Healing
SATURDAY	SEPTEMBER	20-2025
7:30am	Dzung Ton	Healing
	Liwayway Linatok	Dec.

### All Souls Catholic Church

## ¿Sabla usted?

### PREGUNTAS DE LA SEMANA

### Pregunta de la 1ª Lectura:

En su peregrinación por el desierto, los israelitas aprendieron que el arrepentimiento conduce a la sanación. ¿Qué necesita sanación en tu vida?

### Pregunta de la 2ª Lectura:

Pablo enseñó a los filipenses que la humildad y la obediencia de Jesús, incluso hasta el punto de la muerte por crucifixión, condujeron a la exaltación de Jesús. ¿En qué ocasiones se te ha desafiado a ser humilde y obediente?

### Pregunta del Evangelio:

Jesús le revela a Nicodemo que su muerte en la cruz llevaría a los creyentes a la vida eterna y salvaría al mundo. ¿Qué te han enseñado sobre el significado de la cruz?

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### LECTURAS DE LA SEMANA

Domingo: Nm 21, 4-9/Sal 77, 1-2. 34-35. 36-37. 38/

Flp 2, 6-11/Jn 3, 13-17

1 Tim 2, 1-8/Sal 27, 2. 7. 8-9/Jn 19, 25-27 o Lc 2, 33-35

Martes: 1 Tim 3, 1-13/Sal 100, 1-2. 2-3. 5. 6/Lc 7, 11-17 Miércoles:1 Tim 3, 14-16/Sal 110, 1-2. 3-4. 5-6/Lc 7, 31-35 Jueves: 1 Tim 4, 12-16/Sal 110, 7-8. 9. 10/Lc 7, 36-50 Viernes: 1 Tim 6, 2-12/Sal 48, 6-7. 8-10. 17-18. 19-20/Lc 8, 1-3

Sábado: 1 Tim 6, 13-16/Sal 99, 1-2. 3. 4. 5/Lc 8, 4-15

### Oración de Amor

Dios mío,

Expande mi corazón de nuevas maneras hoy,

para entender el amor que tienes por mí, para llevar ese amor profundamente dentro de mí

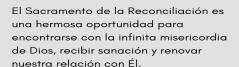
y para actuar desde ese amor.

Amén.

**©LPi** 

El regreso a clases es el momento ideal para repasar las reglas de seguridad en Internet con los niños a su cargo. Por ejemplo, es útil establecer pautas claras sobre qué tipo de sitios pueden visitar los niños, qué aplicaciones pueden descargar y cuándo pueden acceder a los dispositivos digitales. Netsmartz (https://www.missingkids.org/netsmartz/es/home) ofrece recursos para mantener seguros a los niños y adolescentes en Internet. Visite https://www.missingkids.org/content/dam/netsmartz/downloadable/tipsheets/Protecting%20Your%20Kids%20Online% 202\_0%20ES.pdf para obtener más consejos sobre la seguridad en Internet.

### Confesiones: Un llamado a la reconciliación





Las confesiones en nuestra parroquia de All Souls son: Todos los sábados a las 4:00 PM

Antes de la confesión, tomen un momento para reflexionar en silencio:

¿He puesto a Dios en primer lugar en mi vida? ¿He rezado diariamente y asistido fielmente a la Misa? ¿He hablado con dureza o herido a otros con mis palabras o acciones?

¿He mentido, chismeado o guardado rencor? ¿He actuado con egoísmo o ignorado a alguien que necesita ayuda?

#### Acto de Contrición

Dios mío, me arrepiento de todo corazón de haberte ofendido. Detesto todos mis pecados porque temo la pérdida del cielo y los tormentos del infierno, pero sobre todo porque te ofenden a Ti, mi Dios, que eres todo bueno y digno de todo mi amor. Propongo firmemente, con la ayuda de tu gracia, confesar mis pecados, hacer penitencia y enmendar mi vida. Amén.

GRUPO DE ORACION

### AMIGOS DE JESUS

El grupo de oración, Amigos de Jesús, les invita a unirse a una noche de reflexión, alabanza y oración en comunidad. Las reuniones son a las 7pm cada miércoles. Si gusta unirse, favor de llamar al Centro Pastoral para mas detalles. Acompañenos!

### SACRAMENTS OF INITIATION



Dear Parishioners,

It's that time of year again! Registration forms for all Sacraments of Initiation are now available at the Pastoral Center.

#### Who is Eligible?

First Communion

Children currently enrolled in grades 1 through 7.

Confirmation

Teens who are presently attending high school.

OCIA (Order of Christian Initiation for Adults)
Adults who wish to:

- Be baptized in the Catholic Church
- Become Catholic
- Deepen their understanding of the faith
- Receive the Sacraments of Confirmation and/or Holy Communion

All Souls Church invites all those who are eligible to begin this meaningful journey of faith. Our office is open Monday - Friday from 9:00am to 7:00pm

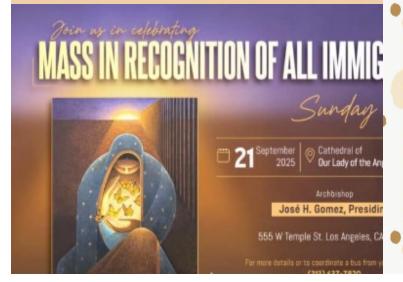


## MINISTRY MEETING

Dear Ministry
Leaders:

There will be an important Ministry

Meeting this coming Monday, September 15th, at 7 pm in the parish hall.



## **FEAST DAY**

## FESTIVAL

### SAVE THE DATE

Make plans to attend our Feast Day Festival on **Sunday, November 2nd, from 8:30 am to** 

**3:00 pm**. This will be our parish's largest fundraising event of the year, along with the parish raffle.

Come to enjoy our ministries' various delicious cultural foods and thrilling live entertainment.

Boutique vendors will be have a variety of items for sale, from jewelry to holiday handmade items.

You may support us by donating your time and/or funds to purchase supplies. We ask that these items be brought to the Pastoral Center.

The raffle will feature a \$1,000 grand prize, a second prize of \$300, a third prize of \$200, and a fourth prize of \$100. Additionally, anyone who buys or sells five books of raffle tickets will earn one free entry into our bonus raffle of \$150. Each additional set of five books of raffle tickets bought or sold will earn you an additional entry into the bonus drawing.

You may turn in your raffle ticket stubs along with your cash/check in the envelope provided to the table outside, in the collection baskets, or to the Pastoral Center. Please do not turn in your money without the ticket stubs or ticket stubs without money attached.

We are also looking for volunteers to aid in the set up as well as cleaning during and after the event. We sincerely appreciate all of your help.

We look forward to seeing all of you in the patio area at our Feast Day Festival for fun for the entire family. Please come support your parish!!!